

# DO YOU KNOW THAT CARBON MONOXIDE CAN KILL YOU?

## What is carbon monoxide (CO)?

- CO is a colorless, odorless, tasteless, deadly gas.
- Burning any kind of fuel like wood, coal or natural gas produces CO.

## What are some signs of CO poisoning?

- Headaches and dizziness
- Sleepiness
- Feeling tired, weak, or short of breath
- Feeling confused, forgetful and unable to concentrate
- Being irritable, grumpy and moody
- Nausea, upset stomach, vomiting

## Do you have any of the following in your home?

- Gas, oil, coal, or wood furnace
- Gas clothes dryer
- Oil, kerosene or gas heater
- Gas water heater, stove or oven
- Wood burning stove
- Gas or wood fireplace
- Are any of the above appliances not vented safely to the outside of your home?
- Do leaves, twigs or recent roof repairs block any vents, chimneys or flues?
- Is a car or truck left running or a fuel-burning appliance used in your garage (even with the garage door open)?
- Does your car or truck exhaust system have a leak?

**If YES, you and your family could be in danger of CO poisoning.**

## To prevent CO poisoning in your home, do the following:

- Place CO detectors outside all sleeping areas in your home.
- Yearly expert inspection of furnace, fuel-burning appliances, vents and chimneys.
- Never leave a motor vehicle running in a garage or outside an open window or air vent.
- Never use a gas oven or gas range for heating.
- Never burn charcoal, fuel burning stove or heater indoors.
- Never use an outdoor gas or wood burning stove, grill or heater indoors.
- If you suspect CO poisoning call the **Rocky Mountain Poison Center** any time day or night at **1-800-222-1222**.

**“Be Smart, Keep Kids and Poisons Apart”**

